

## ESOPHAGEAL MANOMETRY INSTRUCTIONS



## Heartland Center for Motility

a family of healing partners

- *An esophageal manometry provides information about how the muscles in your throat and esophagus work as food and liquids pass from the mouth to the stomach.*

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[www.HeartlandQC.com](http://www.HeartlandQC.com)

## PREPARATION

- **Morning Appointments:**  
Nothing by mouth after midnight the night before.
- **Afternoon Appointments:**  
Nothing by mouth for six hours before the test.
- Do not take any of the following medications for **2 days** before the test:
  - Pain medicines, examples:  
*Demerol, Codeine, Morphine, Percodan*
  - Sedatives or tranquilizers, examples:  
*Valium, Librax, Elavil, Thorazine*
  - Antispasmodics, examples:  
*Bentyl, Donnatal, Motilium, Levsin, Robinul, Erythromycin, Reglan (metoclopramide), Propulsid (cisapride)*
  - **Contact us if you questions regarding a specific medication.**

## QUESTIONS? Call:

**Procedure Scheduling**  
**309-277-1129**

**(Mon–Fri 8am–5pm)**

## PROCEDURE

- The technician will numb your nose before passing the small tube into your esophagus.
- The tube is connected to a recording system.
- You will be asked to swallow and take sips of water as the recording is performed.
- The test takes about 30 minutes, after which the tube is removed.
- No sedation is needed for this test.

## AFTER THE TEST

- You may drive yourself home and go about your normal activities.