ESOPHAGEAL MANOMETRY INSTRUCTIONS

- An esophageal manometry provides information about how the muscles in your throat and esophagus work as food and liquids pass from the mouth to the stomach.

PREPARATION

- **Morning Appointments:**
  Nothing by mouth after midnight the night before.

- **Afternoon Appointments:**
  Nothing by mouth for six hours before the test.

- Do not take any of the following medications for 2 days before the test:
  - Pain medicines, examples:
    *Demerol, Codeine, Morphine, Percodan*
  - Sedatives or tranquilizers, examples:
    *Valium, Librax, Elavil, Thorazine*
  - Antispasmodics, examples:
    *Bentyl, Donnatal, Motilium, Levsin, Robinul, Erythromycin, Reglan (metoclopramide), Propulsid (cisapride)*
  - **Contact us if you questions regarding a specific medication.**

PROCEDURE

- The technician will numb your nose before passing the small tube into your esophagus.
- The tube is connected to a recording system.
- You will be asked to swallow and take sips of water as the recording is performed.
- The test takes about 30 minutes, after which the tube is removed.
- No sedation is needed for this test.

AFTER THE TEST

- You may drive yourself home and go about your normal activities.