

## SMART PILL INSTRUCTIONS

- Please arrive 15 minutes before the test is to be done.
- Bring this with you to your appointment.
- Please let our staff know if you have an implanted pacemaker or defibrillator.



## Gastroenterology Consultants

a family of healing partners  
A Division of Heartland Clinic, LLC

545 Valley View Drive  
Moline, IL 61265

4480 Utica Ridge Road, Suite 2240  
Bettendorf, IA 52722

309.762.5560 phone  
309.762.7351 fax

[www.GastroConsultantsQC.com](http://www.GastroConsultantsQC.com)

## PREPARATION

- Some medications can affect the test and you will be instructed on which of your medications to discontinue and how many days prior you should begin to hold these. They will not include diabetes, heart, or blood pressure medications.

## QUESTIONS?

**Contact us:**  
**309-762-5560**  
**(Mon–Fri 8am–5pm)**

### Day Before Your Appointment

- After midnight (12:00 am), nothing by mouth (food or drink).
- No tobacco products (smoking or chew) for 24 hours before your appointment.
- No alcohol for 24 hours before your appointment.

### Day Of Your Appointment

- Nothing by mouth (food or drink).
- No tobacco products (smoking or chew).
- No alcohol.
- **DIABETICS:**
  - Test your blood sugar frequently.
  - Take one-half of your dose of your regular morning diabetes medication.
  - If you are having any symptoms of low blood sugar such as shakiness, sweating, dizziness, weakness, confusion, or difficulty speaking take your blood sugar, if too LOW, you can use a glucose tablet, or suck on a hard piece of candy to raise your blood sugar.

### After the Test

- You will be able to drive following ingestion of the capsule.
- DO NOT schedule an MRI in the next 30 days.
- Please notify us at 309-762-5560 if you have a difficulty swallowing or constipation with irregular bowel patterns that go longer than every other day without having a regular bowel movement.